

## The Best Death Ever

A workshop for Spiritual Care Providers presented by The Rev. Judith Ann Doran

Saturday, November 2, 2024

9:00 am-3:00 pm

Bishop Anderson House

707 S. Wood Street, Suite 101, Chicago, IL 60612

\$35 for SCVT Alum / \$50 for General Participants

Free Parking Available

Please contact The Rev. Rose Cicero (<u>rose\_cicero@rush.edu</u>) with questions.

Registration closes Thursday, October 31 at 5:00 pm. Space is limited, register early!

Death is one of the few events we will all experience one day. During this workshop, we will engage both our heads and our hearts in deep and honest conversation about death, including being able to consider our own mortality, and about how what we believe about death affects us and will affect those we love. We will continue the conversation by exploring medical, ethical and theological aspects of the concept "sanctity of life" and identify some factors that may influence our own thoughts and decisions. This workshop is designed to help those engaged in pastoral care begin to prepare for the reality that they will likely be involved in these discussions with those who are facing death.

Throughout the day, we will take breaks for individual reflection, journaling, prayer and planning.

Please bear in mind as with all our events, group sessions are safe places to talk, be heard, and be understood. Participants maintain this atmosphere by treating each other with respect, and accepting differences in opinions, attitudes, and beliefs. Participants always maintain confidentiality of group discussion. This means that what is said in the group stays in the group (Vegas Rule). Group members do not talk about specifics of group conversations outside the group.

The Rev. Judith Ann Doran is a graduate of Bexley Hall Seminary in Columbus, Ohio, and was ordained to the priesthood in 2006. Certified in both pastoral care and transitional ministry, she embraces an integrated, incarnational spirituality, and has worked with individuals, groups, and congregations as they dealt with the emotional and spiritual components of loss, grief, forgiveness, and the practices of mindfulness and self-compassion. Since her retirement in 2019, she has researched and facilitated conversations around the concept of a good death and the medical, ethical, and theological implications of Medical Aid in Dying (MAID).



Prior to ordination, Judith served in the United States Air Force for 30 years, retiring as a Chief Master Sergeant and as the second senior ranking enlisted woman. Her career included several absolutely fabulous career opportunities.

Judith maintains that her current vocation of grandmother to her two grandchildren, ages 8 and 6, is even more rewarding than her two previous ones.

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