

Suicide Prevention Resources in the Chicagoland Area

Crisis Hotlines

1. Chicago Crisis Line

- Phone: 1-800-248-7475
- Available 24/7

2. NAMI Chicago Helpline

- Phone: 311 or 833-626-4244
- Hours: Monday-Friday 9am-8pm, Saturday-Sunday 9am-5pm

3. Suicide Prevention Services of America (based in Batavia, IL)

- Phone: 630-482-9696
- Hours: Monday-Friday 8am-4pm

Mental Health Centers

1. The Kedzie Center

- Address: 4141 N. Kedzie Ave., Chicago, IL 60618
- Phone: 773-754-0577
- Services: Counseling, crisis intervention, support groups

2. Thresholds

- Multiple locations in Chicago
- Phone: 773-572-5500
- Services: Mental health services, crisis intervention, housing support

3. C4 Chicago (Community Counseling Centers of Chicago)

- Multiple locations
- Phone: 773-769-0205
- Services: Mental health counseling, crisis services

Support Groups

1. American Foundation for Suicide Prevention - Illinois Chapter

- Website: <https://afsp.org/chapter/illinois>
- Offers support groups and community events

2. Survivor Support Group at Evanston Hospital

- Address: 2650 Ridge Ave., Evanston, IL 60201
- Phone: 847-570-2500
- Meets twice monthly

3. Live Free Illinois Community Healing and Resource Centers

- Website: <https://livefreeillinois.org/community-healing-resource-center>
- Offers support groups, community events, individual and group therapy

4. Lawndale Christian Health Center

- Website: <https://lawndale.org/health-services#behavioral-health>
- Offers: support groups, behavioral health screenings

Youth-Specific Resources

1. The Youth Campus

- Address: 733 N. Prospect Ave., Park Ridge, IL 60068
- Phone: 847-825-5890
- Services: Counseling and support for youth and families

2. Lurie Children's Center for Childhood Resilience

- Address: 225 E. Chicago Ave., Chicago, IL 60611
- Phone: 312-227-3400
- Services: Mental health services for children and adolescents

LGBTQ+ Resources

1. Center on Halsted

- Address: 3656 N. Halsted St., Chicago, IL 60613
- Phone: 773-472-6469
- Services: Counseling, support groups, youth programs

2. Howard Brown Health

- Multiple locations
- Phone: 773-388-1600
- Services: LGBTQ-focused healthcare including mental health services

Additional Resources

1. NAMI Chicago

- Website: <https://www.namichicago.org/>
- Offers education programs, support groups, and advocacy

2. Illinois Department of Human Services

- Website: <https://www.dhs.state.il.us/page.aspx?item=29735>
- Provides information on mental health services and crisis resources

Remember, in case of immediate danger, always call 911 or go to the nearest emergency room.